



*The Conscious Stream* outlines the precursor concepts of the Impulsing Model. This model proposes the presence of lightening-like *impulse trails* (*impulsing*) that circulate through the circuitry of linked neuron groups that make up the Nervous System. With *impulsing*, we can trace impulse activity through four areas of an inner circuitry – the *conscious pathways*. As these areas are energized, we're able to describe the four kinds of conscious work they do—each culminating in a corresponding conscious instant. By tracing *impulse trails*, we can see how a series of conscious instants is formed, one after another. And like frames on a reel of film, these instants blur together to makeup the seamless experience we call *consciousness* or the *conscious stream*.

*Impulsing* may be as fundamental to understanding how the Nervous System works—as *electricity* is to understanding how a radio works. See if you agree!

- ♦ Introduction: Looking at Consciousness—A New Technique
  - ♦ The Physical Model: Circulating trajectories
    - ♦ Experiencing Sensation
    - ♦ Recording Consciousness
    - ♦ Recognition and Orientation
      - ♦ Forming Thoughts
  - ♦ Developing Feelings—simple, prolonged, compounded
    - ♦ Generating an Activity—on autopilot
    - ♦ Lifestyle: Personal Circulation Patterns



Denise Ingebo, a theorist in Neuroscience, lives in the Pacific Northwest, U.S.A. For more info, visit [www.impulsing.net](http://www.impulsing.net).

ISBN 978-1-58112-714-0



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*The Conscious Stream*



**Review Edition:  
Precursor concepts of Impulsing Model**

**Follow *trails of impulses* as they energize  
an inner circuitry of the nervous system to form...**

*The  
Conscious Stream*

**Learn to trace the impulse activity  
that forms consciousness**

**Denise Ingebo**

